

PSYCHOLOGICAL TESTING



OUR TESTING PSYCHOLOGIST AND WHAT SHE DOES



The testing psychologist uses a clinical interview, chart review, and evidence based psychological testing to determine the presence or absence of complex psychological conditions or identify the most appropriate diagnoses for a person. She then makes recommendations to guide treatment.

Types of Testing Available: ADHD, IQ, Personality

The testing Psychologist does not provide ongoing treatment and does not prescribe medications.

Testing at CVHS is for adult patients only.

Jamie Pettus, PsyD, LCP, CSAC

APPOINTMENTS AND WHAT TO EXPECT

A CVHS provider must send a referral indicating the reason testing is needed.

A Behavioral Health Care Coordinator (see bottom of page for contact information) will reach out to the patient to set up the in person testing appointment at the most convenient testing site. **CVHS Testing Sites: Caroline, Charlotte CH, Charlottesville, Farmville, and Hopewell.**

The testing appointment takes 4 hours. It consists of an interview with paper and computer tests.

Rescheduling missed appointments: Because psychological testing is in high demand, if you miss your appointment, you will be moved to the bottom of the wait list.

Results Appointment: Dr. Pettus will schedule a virtual appointment to discuss testing results after the testing appointment.

PRIVACY

No sessions will be recorded.

CVHS Health Services uses a secure telehealth communication system, but the data security cannot be perfectly guaranteed.

We ask that you plan for the privacy of the feedback session by finding a private space and using ear phones.

As always, we will maintain the privacy of your records. But there are limits to confidentiality such as:

Safety - If we are genuinely concerned that you are at risk for harming yourself or someone else, we must act to protect your safety. We could call emergency services or your emergency contact.

Mandated Reporting - We must by law report any suspected child or elder abuse we become aware of.

Court Subpoenas - We must comply with court subpoenas for our records.

SOCIAL MEDIA

Social Networking - Behavioral health staff can not accept "friend" requests from current or former patients on their personal social networking sites (Facebook, Twitter, LinkedIn, etc.) Adding patients as 'friends' on these sites can compromise your privacy. It may also blur the lines of the therapeutic relationship. If you have questions about this, please bring them up when you speak with your clinician.

Location -Based Services - If you use location based services on your mobile phone, please be aware that if you have GPS tracking enabled on your device, its possible that others may surmise that you are a patient due to regular check-ins at our office. Please be aware of the risk associated with auto check-ins.

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